

# GARA PODISTICA DELLA SOBRIETÀ - 4 Edizione

sabato 20 luglio 2013

pos	pett	nome	team	naz	cat	pos	t.gara	t.reale	media
1	1157	MARRANGONI ALBERTO	ATLETICA GRAN SASSO SSD A R.L.	ITA	ASS M	1	00:51:27	00:51:26.40	03:57
2	1312	PULCINI ANTONIO	ATL. AVIS S.BENEDETTO DEL TR.	ITA	ASS M	2	00:52:55	00:52:54.50	04:04
3	590	PALMIERI ANDREA	C.U.S. CAMERINO A.S.D.	ITA	ASS M	3	00:52:56	00:52:55.55	04:04
4	594	RECCHI ANGELO	ATLETICA MAXICAR CIVITANOVA M.	ITA	M40-44	1	00:53:21	00:53:21.00	04:06
5	101	FILIPPONI MAURIZIO	NUOVA POD. CENTOBUCHI	ITA	M50-54	1	00:54:27	00:54:26.70	04:11
6	114	CAPONI ANTONIO	G.P. AVIS SPINETOLI PAGLIARE	ITA	M18-34	1	00:54:27	00:54:26.80	04:11
7	1169	PORFIRI CRISTIANO	POD. MORETTI CORVA	ITA	M35-39	1	00:54:55	00:54:54.60	04:13
8	1165	BACCHILEGA ORLANDO	AVIS CASTEL SAN PIETRO	ITA	M50-54	2	00:55:26	00:55:25.70	04:15
9	565	GALLUCCI GIANNI	ATL. ELPIDIENSE AVIS AIDO	ITA	M45-49	1	00:55:53	00:55:52.95	04:17
10	599	GIMINIANI RICCARDO	ATL. POTENZA PICENA	ITA	M40-44	2	00:56:19	00:56:18.15	04:19
11	129	SCARANO ROBERTO	G.P. AVIS SPINETOLI PAGLIARE	ITA	M35-39	2	00:56:26	00:56:25.20	04:20
12	104	GRAZIANO PIETRO FILIPPO	NUOVA POD. CENTOBUCHI	ITA	M40-44	3	00:56:54	00:56:53.40	04:22
13	1160	VIOLA MAURO	ATL. LIBERO	ITA	M45-49	2	00:57:04	00:57:03.60	04:23
14	1163	GENTILI ALBERTO	A.POD. AVIS MOB. LATTANZI	ITA	M50-54	3	00:57:25	00:57:24.50	04:24
15	1172	SACRIPANTI ATTILIO	AVIS ASCOLI MARATHON	ITA	M40-44	4	00:57:58	00:57:57.40	04:27
16	597	BIANCONI ALFANO	ATL. POTENZA PICENA	ITA	M40-44	5	00:58:16	00:58:15.95	04:28
17	106	ALESSI ANDREA	G.P. AVIS SPINETOLI PAGLIARE	ITA	M35-39	3	00:58:57	00:58:56.60	04:32
18	92	CAPOBELLI FRANCESCA	ATL.AMAT.OSIMO	ITA	ASS F	1	00:59:11	00:59:10.35	04:33
19	98	CATENA SERGIO	POLISPORTIVA EXTRA	ITA	M50-54	4	00:59:12	00:59:11.60	04:33
20	1168	CAPPELLI RICCARDO	GUMASIO FOOT RUNNER TEAM	ITA	M45-49	3	00:59:22	00:59:21.25	04:33
21	1311	BERNARDINI BENEDETTO	ATL. AVIS S.BENEDETTO DEL TR.	ITA	M45-49	4	00:59:32	00:59:31.65	04:34
22	589	DOLCIOTTI RENATO	C.U.S. CAMERINO A.S.D.	ITA	M45-49	5	00:59:59	00:59:58.70	04:36
23	564	CARICILLI ANDREA	ATL. ELPIDIENSE AVIS AIDO	ITA	M45-49	6	01:00:39	01:00:38.70	04:39
24	112	CAPOFERRI PASQUALINO	G.P. AVIS SPINETOLI PAGLIARE	ITA	M50-54	5	01:00:52	01:00:51.20	04:40
25	1155	DI EMIDIO ADRIANO	GRUPPO POD. AMATORI TERAMO SSD	ITA	M18-34	2	01:01:09	01:01:08.90	04:42
26	598	DE ANGELIS KATIA	ATL. POTENZA PICENA	ITA	ASS F	2	01:01:12	01:01:11.65	04:42
27	579	ALESSIANI GIAMPIERO	A.POD. VALTENNA	ITA	M55-59	1	01:01:24	01:01:24.00	04:43
28	600	MARINUCCI MAURIZIO	ATL. POTENZA PICENA	ITA	M45-49	7	01:01:35	01:01:34.40	04:44
29	123	PACCHIOLI PAOLO	G.P. AVIS SPINETOLI PAGLIARE	ITA	M18-34	3	01:01:43	01:01:42.85	04:44
30	1314	GAGLIARDI SIMONE	G.P. AVIS SPINETOLI PAGLIARE	ITA	M35-39	4	01:01:47	01:01:46.80	04:45
31	131	SENSI ADAMO	G.P. AVIS SPINETOLI PAGLIARE	ITA	M18-34	4	01:02:11	01:02:10.80	04:46
32	586	PERUGINI QUINTO	ASS. POD. CASSETTE D'ETE	ITA	M50-54	6	01:02:22	01:02:21.60	04:47
33	583	D'AMORE ROBERTO	POD. MORETTI CORVA	ITA	M50-54	7	01:02:37	01:02:36.20	04:48
34	102	GABRIELLI SECONDO	NUOVA POD. CENTOBUCHI	ITA	M40-44	6	01:03:06	01:03:06.50	04:51
35	94	MARTINI SERGIO	ATL.AMAT.OSIMO	ITA	M60-64	1	01:03:27	01:03:26.95	04:52
36	572	PANICCIA' MICHELA	A.POD. AVIS MOB. LATTANZI	ITA	ASS F	3	01:03:54	01:03:53.95	04:54
37	574	SIMONELLI LUCA	A.POD. AVIS MOB. LATTANZI	ITA	M35-39	5	01:03:55	01:03:54.65	04:54
38	1316	MARINUCCI ANTONY	G.P. AVIS SPINETOLI PAGLIARE	ITA	M18-34	5	01:04:24	01:04:23.75	04:57
39	1170	FARINA GIUSEPPE	ATLETICA MAXICAR CIVITANOVA M.	ITA	M45-49	8	01:04:38	01:04:37.25	04:58
40	567	CIARROCCHI FRANCESCO	A.POD. AVIS MOB. LATTANZI	ITA	M35-39	6	01:05:14	01:05:13.65	05:01
41	1158	MINNUCCI EMANUELE	G.S. POLIPODI A.S.D. 2849	ITA	M45-49	9	01:05:17	01:05:16.80	05:01
42	127	ROSSI LUCIANO	G.P. AVIS SPINETOLI PAGLIARE	ITA	M55-59	2	01:05:18	01:05:17.70	05:01
43	1153	MUCCI EZIO	ASD RICCI SPORT L'UOMO LEPIER	ITA	M50-54	8	01:05:23	01:05:22.65	05:01
44	108	AMABILI MASSIMO	G.P. AVIS SPINETOLI PAGLIARE	ITA	M35-39	7	01:05:26	01:05:25.30	05:01
45	578	TORELLI FRANCESCO	A.POD. AVIS MOB. LATTANZI	ITA	M40-44	7	01:05:34	01:05:33.75	05:02
46	1161	DE NICOLA MARCO	A.S.D. SILMA CASALNUOVO-VOLLA	ITA	M50-54	9	01:06:17	01:06:17.00	05:05
47	584	MONTOZZI ROMOLO	POD. MORETTI CORVA	ITA	M50-54	10	01:06:41	01:06:40.80	05:07
48	563	ACCIARRI FEDERICO	ATL. ELPIDIENSE AVIS AIDO	ITA	M35-39	8	01:07:37	01:07:37.50	05:12
49	1313	LUBERTO DAVID	NUOVA POD. CENTOBUCHI	ITA	M45-49	10	01:07:56	01:07:55.10	05:13
50	587	FULIMENI GIULIANO	G.S. FALERIA P.S.ELPIDIO	ITA	M60-64	2	01:08:09	01:08:08.40	05:14
51	593	PISTOLESI GIULIANO	SACEN CORRIDONIA	ITA	M50-54	11	01:08:12	01:08:11.80	05:14
52	592	GINOBILI ADAMO	SACEN CORRIDONIA	ITA	M45-49	11	01:08:17	01:08:16.55	05:15
53	1167	BALDASSARRI GIOVANNI	ATL. AMAT. AVIS CASTELFIDARDO	ITA	M65-69	1	01:08:18	01:08:17.60	05:15

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pos	pett	nome	team	naz	cat	pos	t.gara	t.reale	media
54	96	EVANGELISTI SAMUELE	S. ATL. SENIGALLIA	ITA	M40-44	8	01:08:20	01:08:19.85	05:15
55	125	PULCINI GABRIELE	G.P. AVIS SPINETOLI PAGLIARE	ITA	M40-44	9	01:08:22	01:08:21.10	05:15
56	571	NUNZI MIRCO	A.POD. AVIS MOB. LATTANZI	ITA	M18-34	6	01:08:27	01:08:26.55	05:15
57	103	GAETANI LUIGI	NUOVA POD. CENTOBUCHI	ITA	M50-54	12	01:09:03	01:09:03.50	05:18
58	582	ANGELICI SERGIO	POD. MORETTI CORVA	ITA	M50-54	13	01:09:22	01:09:21.75	05:20
59	126	ROSSI ALESSANDRO	G.P. AVIS SPINETOLI PAGLIARE	ITA	M45-49	12	01:09:46	01:09:46.00	05:22
60	576	SPATARO CINZIA	A.POD. AVIS MOB. LATTANZI	ITA	F50-54	1	01:09:55	01:09:54.10	05:22
61	595	BAGAZZOLI GIANCARLO	ASD.ATL.AMATORI SANGIUSTESE	ITA	M45-49	13	01:10:25	01:10:24.80	05:24
62	110	CANDELLORI MAURIZIO	G.P. AVIS SPINETOLI PAGLIARE	ITA	M50-54	14	01:10:35	01:10:34.60	05:25
63	585	RAMINI ALFONSO	POD. MORETTI CORVA	ITA	M50-54	15	01:10:46	01:10:45.25	05:26
64	1166	CARLI GERMANO	ATL. AMAT. AVIS CASTELFIDARDO	ITA	M70+	1	01:10:53	01:10:52.45	05:27
65	99	SARNARI LARA	POLISPORTIVA EXTRA	ITA	F40-44	1	01:10:56	01:10:55.70	05:27
66	115	CAPPELLACCI GIANCARLO	G.P. AVIS SPINETOLI PAGLIARE	ITA	M50-54	16	01:10:57	01:10:56.45	05:27
67	1159	SAVINI GIOVANNI	ATL. LIBERO	ITA	M45-49	14	01:11:04	01:11:03.70	05:27
68	1147	DEL BALZI FAUSTO	A.ATL. TRODICA	ITA	M18-34	7	01:11:11	01:11:10.80	05:28
69	581	SGARIGLIA MARINO	A.POD. VALTENNA	ITA	M70+	2	01:11:18	01:11:17.55	05:29
70	588	ORIENTI ENRICO	G.S. FALERIA P.S.ELPIDIO	ITA	M55-59	3	01:11:26	01:11:25.65	05:29
71	1173	GRANDE ANNA	ATL. RECANATI	ITA	F50-54	2	01:11:52	01:11:52.00	05:31
72	113	CAPONE CARLO	G.P. AVIS SPINETOLI PAGLIARE	ITA	M45-49	15	01:12:11	01:12:10.85	05:33
73	97	CIAFFI ALESSANDRO	CRAL ANGELINI ASS.SPORT.DIL.	ITA	M40-44	10	01:14:06	01:14:05.35	05:41
74	1151	MORELLI GIUSEPPE	AS ROMA ROAD RUNNERS CLUB	ITA	M45-49	16	01:14:38	01:14:37.25	05:44
75	1315	LUZI LORETINO	G.P. AVIS SPINETOLI PAGLIARE	ITA	M40-44	11	01:14:42	01:14:41.55	05:44
76	117	COSTANTINI MARIELE	G.P. AVIS SPINETOLI PAGLIARE	ITA	F35-39	1	01:14:44	01:14:44.00	05:44
77	118	DE NICOLA MARIO	G.P. AVIS SPINETOLI PAGLIARE	ITA	M45-49	17	01:14:46	01:14:45.20	05:45
78	116	CLERICI CORRADO	G.P. AVIS SPINETOLI PAGLIARE	ITA	M45-49	18	01:14:46	01:14:45.30	05:45
79	124	PAOLINI BARBARA	G.P. AVIS SPINETOLI PAGLIARE	ITA	F40-44	2	01:14:49	01:14:48.60	05:45
80	1149	MARCHETTI MARCO	G.P. AVIS CASTELRAIMONDO	ITA	M50-54	17	01:15:43	01:15:42.90	05:49
81	1175	PROSPERI RENATO	VAL VIBRATA	ITA	M50-54	18	01:16:06	01:16:05.35	05:51
82	107	ALMONTI BERNARDO	G.P. AVIS SPINETOLI PAGLIARE	ITA	M60-64	3	01:16:19	01:16:18.35	05:52
83	109	AMADIO BRUNO	G.P. AVIS SPINETOLI PAGLIARE	ITA	M45-49	19	01:16:43	01:16:42.95	05:54
84	95	STAFFOLANI ROBERTA	ATL.AMAT.OSIMO	ITA	F40-44	3	01:17:38	01:17:37.25	05:58
85	1174	BALAU LUCIA	A.POD. VALTENNA	ITA	F35-39	2	01:17:56	01:17:55.30	05:59
86	100	MINNUCCI MARCO	A.POD. AVIS MOB. LATTANZI	ITA	M45-49	20	01:17:56	01:17:56.50	05:59
87	1150	LOSS GIAN PAOLO	HAPPY RUNNER CLUB	ITA	M45-49	21	01:18:05	01:18:04.65	06:00
88	1164	ERCOLI GABRIELLA	ATL. SARNANO	ITA	F50-54	3	01:18:22	01:18:21.35	06:01
89	569	MARINAI CHRISTIAN	A.POD. AVIS MOB. LATTANZI	ITA	M60-64	4	01:18:26	01:18:25.60	06:01
90	570	MESSINEO LUIGI	A.POD. AVIS MOB. LATTANZI	ITA	M50-54	19	01:19:15	01:19:14.75	06:05
91	591	BACCIFAVA DEMIS	SACEN CORRIDONIA	ITA	M35-39	9	01:19:26	01:19:26.50	06:06
92	573	SERAFINI ANNUNZIATA	A.POD. AVIS MOB. LATTANZI	ITA	F60+	1	01:19:57	01:19:56.30	06:08
93	1171	CARELLI GIUSEPPE	POL ACLI MACERATA	ITA	M55-59	4	01:20:03	01:20:02.80	06:09
94	575	SMERILLI FABIO	A.POD. AVIS MOB. LATTANZI	ITA	M50-54	20	01:20:36	01:20:35.60	06:11
95	1162	PANELLA DOMENICO	ATLETICA CECCANO	ITA	M45-49	22	01:21:02	01:21:01.60	06:13
96	1156	TEMPESTILLI GIOVANNI	GRUPPO POD. AMATORI TERAMO SSD	ITA	M40-44	12	01:21:43	01:21:42.10	06:17
97	111	CANDELLORI SERAFINA	G.P. AVIS SPINETOLI PAGLIARE	ITA	F40-44	4	01:22:26	01:22:25.85	06:20
98	130	SCIAMANNA TONI	G.P. AVIS SPINETOLI PAGLIARE	ITA	M45-49	23	01:22:27	01:22:26.35	06:20
99	122	MORGANTI LUCIANO	G.P. AVIS SPINETOLI PAGLIARE	ITA	M50-54	21	01:22:29	01:22:28.30	06:20
100	562	SERAFINI SANDRA	ASD 'F.A.R.T. SPORT'	ITA	F40-44	5	01:25:08	01:25:07.95	06:32
101	119	GIGLI SILVIA	G.P. AVIS SPINETOLI PAGLIARE	ITA	F45-49	1	01:25:18	01:25:17.90	06:33
102	120	GIOBBI ROSELLA	G.P. AVIS SPINETOLI PAGLIARE	ITA	F45-49	2	01:25:19	01:25:18.35	06:33
103	1146	CAPPELLACCI MATTEO	A.ATL. TRODICA	ITA	M18-34	8	01:25:53	01:25:52.90	06:36
104	1152	DE ROSA ORNELLA	A.S.D. SALERNO RUNNING CLUB	ITA	F50-54	4	01:26:05	01:26:04.30	06:37
105	105	CAIONI GIUSEPPE	AVIS ASCOLI MARATHON	ITA	M60-64	5	01:26:08	01:26:07.15	06:37
106	93	DALONZO CHIARA	ATL.AMAT.OSIMO	ITA	F60+	2	01:26:57	01:26:56.85	06:41

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107	580	CHESSA ANTONIO	A.POD. VALTENNA	ITA	M70+	3	01:29:25	01:29:24.45	06:52
108	577	SQUARCIA RITA	A.POD. AVIS MOB. LATTANZI	ITA	F45-49	3	01:30:31	01:30:31.50	06:57
109	566	ALESSIANI ELIO	A.POD. AVIS MOB. LATTANZI	ITA	M60-64	6	01:31:29	01:31:28.75	07:02
110	132	VALLESE VINCENZO	G.P. AVIS SPINETOLI PAGLIARE	ITA	M45-49	24	01:35:09	01:35:08.85	07:19
111	128	SCARAMUCCI ANTONINO	G.P. AVIS SPINETOLI PAGLIARE	ITA	M70+	4	01:48:27	01:48:26.60	08:20