

GARA COMPETITIVA FIDAL DI Km 10,100**CORSA REGIONALE SU STRADA****Domenica 28 Luglio 2024 - Ore 9:00****18^ "MILLEPIEDI" Città di CINGOLI - 10K Race**

10k

Pl.	Psex	Pett.	Nome	Naz.	Team	P.Cat	Cat.	LAP1	LAP2	LAP3	Time	Media	Diff.
1.	1.	111	RICCI, MARCO		MC001-C.U.S. CAMERINO	1.	ASS M	12:01	11:50	11:38	35:30	3:33	--
2.	2.	108	BONIFAZI, GIOSUE'		MC001-C.U.S. CAMERINO	2.	ASS M	12:01	12:03	11:40	35:45	3:34	+15
3.	3.	76	BARCELLI, ANDREA		BO023-ATL. AVIS CASTEL S.PIETRO	3.	ASS M	12:01	12:04	11:52	35:57	3:35	+27
4.	4.	112	ZAGAGLIA, MATHIAS		MC001-C.U.S. CAMERINO	1.	M18-34	12:03	12:21	11:57	36:21	3:38	+51
5.	5.	32	GHORBANALIRAD, SINA		AN043-PRIMA SOCIETA' SPORTIVA DILETT	1.	SM35	12:01	12:03	12:20	36:25	3:38	+55
6.	6.	61	PALMIERI, LUCA		AN049-ASD SPACE RUNNING	2.	SM35	12:01	12:04	12:31	36:37	3:39	+1:07
7.	7.	133	PANTONI, MATTEO		MC025-ATL. POTENZA PICENA	2.	M18-34	12:02	12:36	12:59	37:37	3:45	+2:07
8.	8.	71	MANCUSO, WALTER		BA723-S.S.D. A.R.L. DYNAMYK FITNESS	1.	SM45	12:12	12:48	12:48	37:49	3:46	+2:19
9.	9.	163	NOVIELLO, FRANCESCO		MI311-AZZURRA GARBAGNATE M.SE	1.	SM55	12:30	12:52	13:01	38:24	3:50	+2:54
10.	10.	179	PRIORETTI, LUIS PABLO		RR416252-RUNCARD	3.	M18-34	12:34	12:45	13:05	38:29	3:50	+2:59
11.	11.	177	GANCI, GIACOMO		RN503-A.S.D. DINAMO RUNNING	4.	M18-34	12:11	12:50	13:43	38:46	3:52	+3:16
12.	12.	38	MENICHELLI, FRANCESCO		AN045-ATLETICA FILOTTRANO ASD	1.	SM40	12:45	13:27	13:12	39:26	3:56	+3:56
13.	13.	156	GIORGI, PATRIZIO		MC040-POLISPORTIVA SERRALTA A.S.D.	1.	SM60	12:46	13:18	13:24	39:29	3:56	+3:59
14.	14.	77	BERARDI, FRANCESCO		BO023-ATL. AVIS CASTEL S.PIETRO	2.	SM55	12:59	13:14	13:30	39:44	3:58	+4:14
15.	15.	158	FIORANI, VITTORIO		MC041-POLISPORTIVA MONTECASSIANO ASD	5.	M18-34	12:42	13:41	13:26	39:50	3:59	+4:20
16.	16.	72	VAGNOLI, LUIGI		BA723-S.S.D. A.R.L. DYNAMYK FITNESS	2.	SM60	13:02	13:25	13:36	40:04	4:00	+4:34
17.	17.	47	BASILI, ALESSIO		AN049-ASD SPACE RUNNING	2.	SM40	12:38	13:35	14:02	40:16	4:01	+4:46
18.	18.	84	TRAPE', GIORGIO		FM008-ATL. ELPIDIENSE AVIS AIDO	3.	SM40	13:01	13:36	13:42	40:20	4:02	+4:50
19.	19.	73	VAGNOLI, MAURIZIO		BA723-S.S.D. A.R.L. DYNAMYK FITNESS	1.	SM65	13:11	13:34	13:51	40:36	4:03	+5:06
20.	20.	153	STRAINI LACCHE', CRISTIANO		MC037-G.P. AVIS CASTELRAIMONDO	3.	SM55	13:01	13:53	14:00	40:55	4:05	+5:25
21.	21.	180	DE KOK, VICTOR		RR434618-RUNCARD	3.	SM35	12:57	14:02	14:02	41:03	4:06	+5:33
22.	22.	129	HALLABOU, RACHID		MC018-POL ACLI MACERATA	1.	SM50	13:18	13:48	14:07	41:15	4:07	+5:45
23.	23.	31	ROSSOLINI, GIORDANO		AN039-CRAL ANGELINI ASS.SPORT.DIL.	4.	SM55	13:11	14:00	14:05	41:16	4:07	+5:46
24.	24.	64	SANI, STEFANO		AN051-VIVI EXTRA SPORT A.S.D.	5.	SM55	13:32	13:57	13:49	41:19	4:07	+5:49
25.	25.	169	BONACCORSI, STEFANO		PU008-G.P. LUCREZIA	6.	SM55	13:38	13:52	13:55	41:27	4:08	+5:57
26.	26.	170	FALCIONI, FRANCESCO		PU008-G.P. LUCREZIA	2.	SM50	13:33	14:00	13:58	41:33	4:09	+6:03
27.	27.	22	MANZOTTI, ELIA		AN018-ATL.AMAT.OSIMO	6.	M18-34	12:55	14:15	14:34	41:46	4:10	+6:16
28.	28.	50	CORTUCCI, CRISTIANO		AN049-ASD SPACE RUNNING	2.	SM45	13:20	14:09	14:17	41:51	4:11	+6:21
29.	29.	123	SERRA, MASSIMILIANO		MC011-ATLETICA CIVITANOVA	7.	M18-34	13:37	14:16	14:08	42:02	4:12	+6:32
30.	30.	40	BALDUCCI, GIANLUCA		AN048-A.S.D.PODISTICA AVIS FABRIANO	8.	M18-34	13:52	14:14	14:04	42:12	4:13	+6:42
31.	31.	188	BATTISTI, FRANCESCO		PU022-ASD CALCINELLI RUN	3.	SM50	13:56	14:15	14:10	42:23	4:14	+6:53
32.	32.	69	CARIAGGI, CLAUDIO		AR464-FILIRUN TEAM ASD	4.	SM50	13:48	14:18	14:15	42:25	4:14	+6:54
33.	33.	70	GRECI, STEFANO		BA723-S.S.D. A.R.L. DYNAMYK FITNESS	2.	SM65	13:49	14:19	14:16	42:25	4:14	+6:55
34.	34.	16	BINCI, STEFANO		AN018-ATL.AMAT.OSIMO	3.	SM60	13:33	14:14	14:39	42:28	4:14	+6:58
35.	35.	85	GNOCCHINI, ENRICO MARIA		FM011-A. ATL. PORTO S. ELPIDIO	9.	M18-34	13:57	14:12	14:20	42:30	4:15	+7:00
36.	36.	66	FILIPPONI, MAURIZIO		AP033-AVIS MONTEPRAND POD.CENTOBUCHI	4.	SM60	13:37	14:17	14:38	42:32	4:15	+7:02
37.	37.	157	ORAZI, ENRICO		MC040-POLISPORTIVA SERRALTA A.S.D.	3.	SM45	14:06	14:19	14:10	42:36	4:15	+7:06
38.	38.	159	VILLANUEVA HUATAY, LUIS		MC041-POLISPORTIVA MONTECASSIANO ASD	10.	M18-34	13:51	14:18	14:22	42:36	4:15	+7:06
39.	39.	78	ESPOSTO, ROBERTO		BO023-ATL. AVIS CASTEL S.PIETRO	7.	SM55	13:56	14:24	14:34	42:56	4:17	+7:26
40.	40.	115	DI LUPIDIO, PATRICK		MC010-SACEN CORRIDONIA	4.	SM45	14:02	14:32	14:23	43:02	4:18	+7:32
41.	41.	178	RAGNI, MICHELE		RR084525-RUNCARD	4.	SM40	13:42	14:25	14:53	43:03	4:18	+7:33
42.	42.	164	CABIDDU, GIOVANNI BATTIST		PG038-ATLETICA AVIS PERUGIA	8.	SM55	13:35	14:32	14:56	43:05	4:18	+7:35
43.	43.	181	FIRMANI, IVAN		TE163-G.P.PRETUZI RUNNERS TERAMO ASD	5.	SM45	13:58	14:26	14:46	43:10	4:19	+7:40
44.	44.	34	EMILIANI, SAMUELE		AN045-ATLETICA FILOTTRANO ASD	5.	SM40	13:26	14:52	14:52	43:13	4:19	+7:43
45.	45.	82	PATERNESI MELONI,		FM008-ATL. ELPIDIENSE AVIS AIDO	3.	SM65	13:51	14:34	15:06	43:33	4:21	+8:03
46.	46.	11	BORSINI, MARCO		AN017-NUOVA PODISTICA LORETO	6.	SM45	12:44	14:46	16:07	43:38	4:21	+8:08
47.	47.	151	SPARVOLI, PAOLO		MC037-G.P. AVIS CASTELRAIMONDO	4.	SM35	13:32	14:56	15:12	43:41	4:22	+8:11
48.	48.	57	LATINI, JACOPO		AN049-ASD SPACE RUNNING	11.	M18-34	14:09	14:46	14:44	43:43	4:22	+8:13
49.	49.	25	TASSI, ALESSANDRO		AN018-ATL.AMAT.OSIMO	6.	SM40	13:58	14:38	15:07	43:46	4:22	+8:16
50.	50.	75	BIANCINI, STEFANO		BO009-PODISTICA PONTELUNGO BOLOGNA	5.	SM60	13:55	14:45	15:02	43:46	4:22	+8:16
51.	51.	110	MOROSI, MATTEO		MC001-C.U.S. CAMERINO	5.	SM35	13:43	15:01	15:04	43:49	4:22	+8:19
52.	52.	167	ALLEGRUCCI, FABIO		PG075-GUBBIO RUNNERS	5.	SM50	13:50	15:07	14:52	43:50	4:23	+8:20
53.	1.	8	MEZZELANI, ELISA		AN010-S.E.F. STAMURA ANCONA A.S.D.	1.	ASS F	14:24	14:51	14:46	44:03	4:24	+8:33
54.	53.	83	SANTANDREA, MATTEO		FM008-ATL. ELPIDIENSE AVIS AIDO	12.	M18-34	14:47	14:52	14:23	44:07	4:24	+8:37
55.	54.	119	MENGONI, RENZO		MC011-ATLETICA CIVITANOVA	9.	SM55	14:17	14:55	15:07	44:19	4:25	+8:49
56.	55.	5	MARINELLI, ALESSIO		AN009-ATL. AMAT. AVIS CASTELFIDARDO	13.	M18-34	13:53	15:09	15:17	44:22	4:26	+8:52
57.	2.	166	VAGNOLI, LUCREZIA		PG038-ATLETICA AVIS PERUGIA	2.	ASS F	14:59	14:46	14:38	44:26	4:26	+8:55

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10k

Pl.	Psex	Pett.	Nome	Naz.	Team	P.Cat	Cat.	LAP1	LAP2	LAP3	Time	Media	Diff.
58.	56.	161	CAPPONI, MARCELLO		MC047-A.S.D. CRAZY SPORT	4.	SM65	13:55	15:02	15:33	44:31	4:27	+9:01
59.	57.	106	PROFILI, SIMONE		FM057-POLISPORTIVA SERVIGLIANO ASD	6.	SM50	14:16	15:01	15:30	44:49	4:28	+9:19
60.	58.	139	GIORGI, MARCO		MC035-ASD. ATLETICA CINGOLI	14.	M18-34	15:22	15:24	14:12	45:04	4:30	+9:34
61.	59.	42	FIORANI, GABRIELE		AN048-A.S.D.PODISTICA AVIS FABRIANO	7.	SM50	14:52	15:11	15:03	45:09	4:30	+9:39
62.	60.	65	CONIGLI, RENZO		AN054-TRECASTELLI POLISPORTIVA ASD	6.	SM60	14:58	14:58	15:09	45:11	4:31	+9:40
63.	61.	98	DELSERE, DANIELE		FM054-ASD PODISTICA MONTEGRANARO	8.	SM50	14:26	15:18	15:26	45:15	4:31	+9:45
64.	62.	183	MAIORANI, LUCA		TE163-G.P.PRETUZI RUNNERS TERAMO ASD	9.	SM50	14:39	15:18	15:19	45:16	4:31	+9:46
65.	63.	154	MORICONI, NICOLO'		MC038-ATLETICA AVIS SARNANO	15.	M18-34	13:27	15:42	16:22	45:32	4:33	+10:02
66.	64.	74	NORIS, LUIGI		BG351-G.S. A.MARINELLI COMENDUNO	10.	SM55	14:10	15:35	15:52	45:39	4:33	+10:09
67.	3.	103	MELIS, ELENA		FM057-POLISPORTIVA SERVIGLIANO ASD	3.	ASS F	15:02	15:18	15:31	45:52	4:35	+10:22
68.	65.	104	PERLINI, MAURO		FM057-POLISPORTIVA SERVIGLIANO ASD	11.	SM55	14:28	15:51	15:32	45:53	4:35	+10:23
69.	66.	140	MIGLIORELLI, ANDREA		MC035-ASD. ATLETICA CINGOLI	10.	SM50	15:07	15:33	15:14	45:58	4:35	+10:28
70.	67.	7	CARNEVALINI, MICHELE		AN010-S.E.F. STAMURA ANCONA A.S.D.	11.	SM50	14:37	15:34	15:47	46:00	4:36	+10:30
71.	68.	30	NISI, LORENZO		AN039-CRAL ANGELINI ASS.SPORT.DIL.	16.	M18-34	14:47	15:35	15:44	46:07	4:36	+10:37
72.	69.	93	SILENZI, LUIGINO		FM018-A.POD. AVIS MOB. LATTANZI	7.	SM60	14:59	15:26	15:41	46:10	4:37	+10:40
73.	70.	165	COVARELLI, MAURO		PG038-ATLETICA AVIS PERUGIA	5.	SM65	15:10	15:34	15:34	46:19	4:37	+10:49
74.	71.	185	OREFICE, MICHELE		TE203-ASD I PODISTI DI NEMO	8.	SM60	15:27	15:25	15:28	46:23	4:38	+10:53
75.	72.	182	GUIDARA, EDOARDO		TE163-G.P.PRETUZI RUNNERS TERAMO ASD	6.	SM65	15:33	15:42	15:16	46:34	4:39	+11:04
76.	73.	120	ROCCHETTI, ALESSANDRO		MC011-ATLETICA CIVITANOVA	7.	SM40	14:21	15:46	16:29	46:41	4:40	+11:11
77.	74.	24	STAFFOLANI, DAVID		AN018-ATL.AMAT.OSIMO	9.	SM60	15:05	16:14	15:24	46:45	4:40	+11:15
78.	75.	48	BOSSOLETTI, MAURO		AN049-ASD SPACE RUNNING	12.	SM50	14:27	16:05	16:16	46:53	4:41	+11:23
79.	76.	113	BONVECCHI, MAURIZIO		MC007-GROTTINI TEAM RECANATI ASD	7.	SM65	14:56	15:29	16:30	47:02	4:42	+11:32
80.	77.	132	MICUCCI, FABIANO		MC025-ATL. POTENZA PICENA	8.	SM65	14:51	15:40	16:31	47:04	4:42	+11:34
81.	78.	109	DOLCIOTTI, RENATO		MC001-C.U.S. CAMERINO	12.	SM55	15:19	15:54	15:51	47:06	4:42	+11:36
82.	79.	189	BUATTI, MASSIMO		RR374443-RUNCARD	13.	SM50	15:03	16:11	15:57	47:15	4:43	+11:44
83.	80.	4	SILVI, CHRISTIAN		AN001-ATLETICA OSIMO	14.	SM50	15:17	16:11	16:00	47:39	4:45	+12:09
84.	81.	128	GERMANI, ROBERTO		MC018-POL ACLI MACERATA	13.	SM55	14:56	16:07	16:40	47:49	4:46	+12:19
85.	82.	2	LANZILLOTTI, VINCENZO		AN001-ATLETICA OSIMO	7.	SM45	15:28	16:14	16:04	47:56	4:47	+12:26
86.	83.	10	BONOMO, GIOVANNI		AN017-NUOVA PODISTICA LORETO	15.	SM50	14:52	16:09	16:55	48:01	4:48	+12:30
87.	84.	137	COMPAGNUCCI, FRANCO		MC035-ASD. ATLETICA CINGOLI	10.	SM60	15:17	16:18	16:27	48:08	4:48	+12:38
88.	85.	155	BRACCI, MATTEO		MC040-POLISPORTIVA SERRALTA A.S.D.	17.	M18-34	15:30	16:30	16:16	48:22	4:50	+12:52
89.	86.	6	BONAZZA, GABRIELE		AN010-S.E.F. STAMURA ANCONA A.S.D.	18.	M18-34	15:08	16:31	16:47	48:26	4:50	+12:56
90.	87.	172	GOVERNATORI, ANDREA		PU008-G.P. LUCREZIA	8.	SM40	17:10	16:17	15:37	49:10	4:55	+13:40
91.	88.	160	MELAPPIONI, ROBERTO		MC042-A.S.D. ATLETICA AMA CIVITANOVA	11.	SM60	15:51	16:46	16:52	49:33	4:57	+14:03
92.	89.	102	CONTI, PIER DOMENICO		FM057-POLISPORTIVA SERVIGLIANO ASD	14.	SM55	16:23	16:47	16:37	49:48	4:58	+14:18
93.	90.	121	ROZZI, CHRISTIAN		MC011-ATLETICA CIVITANOVA	16.	SM50	15:46	16:56	17:23	50:09	5:00	+14:39
94.	91.	138	COMPAGNUCCI, FEDERICO		MC035-ASD. ATLETICA CINGOLI	19.	M18-34	15:29	16:10	18:33	50:17	5:01	+14:47
95.	92.	28	GREGANTI, ALESSANDRO		AN032-ATL. JESI	8.	SM45	16:10	16:57	17:03	50:18	5:01	+14:48
96.	4.	136	BARCAIONI, MADDALENA		MC035-ASD. ATLETICA CINGOLI	2.	F18-34	15:30	17:12	17:36	50:23	5:02	+14:53
97.	93.	105	PERUGINI, QUINTO		FM057-POLISPORTIVA SERVIGLIANO ASD	12.	SM60	16:35	17:24	16:14	50:23	5:02	+14:53
98.	94.	131	SCIAMANNA, CRISTIANO		MC018-POL ACLI MACERATA	9.	SM45	16:16	16:58	17:08	50:30	5:03	+15:00
99.	95.	14	GROTTINI, STEFANO		AN017-NUOVA PODISTICA LORETO	17.	SM50	16:12	16:56	17:24	50:40	5:04	+15:10
100.	96.	184	MARINUCCI, MAURIZIO		TE203-ASD I PODISTI DI NEMO	13.	SM60	16:53	17:05	16:40	50:48	5:04	+15:18
101.	97.	56	GIACOMETTI, ALBERTO		AN049-ASD SPACE RUNNING	9.	SM65	16:31	17:12	17:19	51:04	5:06	+15:34
102.	98.	107	BIELLA, MATTEO		FM058-ASD PORTO SAN GIORGIO RUNNERS	9.	SM40	16:10	17:03	18:14	51:36	5:09	+16:06
103.	99.	67	POLINI, CLAUDIO		AP033-AVIS MONTEPRAND POD.CENTOBUCHI	10.	SM65	16:20	17:46	17:38	51:47	5:10	+16:17
104.	100.	149	ORTOLANI, CELSO		MC037-G.P. AVIS CASTELRAIMONDO	14.	SM60	16:54	17:33	17:17	51:51	5:11	+16:21
105.	101.	152	SPURIO, SAVERIO		MC037-G.P. AVIS CASTELRAIMONDO	11.	SM65	16:41	17:19	17:46	51:51	5:11	+16:21
106.	102.	148	LORI, GIORGIO		MC037-G.P. AVIS CASTELRAIMONDO	15.	SM60	16:42	17:21	17:43	51:51	5:11	+16:21
107.	103.	143	SEVERINI, ELIO		MC035-ASD. ATLETICA CINGOLI	16.	SM60	15:46	18:05	18:08	51:59	5:11	+16:29
108.	104.	118	CERQUETI, GABRIELE		MC011-ATLETICA CIVITANOVA	18.	SM50	16:43	17:46	17:37	52:11	5:13	+16:41
109.	105.	187	PASSERI, LUCIANO		PG079-ATLETICA IL COLLE ASD	1.	SM70+	16:23	17:49	18:22	52:37	5:15	+17:07
110.	5.	144	ZANNINI, MORENA		MC035-ASD. ATLETICA CINGOLI	1.	SF40	16:15	17:57	18:28	52:44	5:16	+17:14
111.	6.	52	FACCENDA, MARTA		AN049-ASD SPACE RUNNING	1.	SF50	17:02	17:55	17:55	52:56	5:17	+17:26
112.	106.	171	GARGAMELLI, GIORGIO		PU008-G.P. LUCREZIA	12.	SM65	17:19	17:49	18:02	53:10	5:19	+17:40
113.	107.	90	MARILUNGO, MASSIMO		FM018-A.POD. AVIS MOB. LATTANZI	17.	SM60	17:07	17:53	18:09	53:15	5:19	+17:45
114.	108.	12	FERRONI, ROBERTO		AN017-NUOVA PODISTICA LORETO	15.	SM55	16:48	18:14	18:15	53:21	5:20	+17:51
115.	7.	33	BARBINI, ROBERTA		AN045-ATLETICA FILOTTRANO ASD	2.	SF40	17:05	18:02	18:17	53:31	5:21	+18:01
116.	109.	39	PAESANI, LUCA		AN045-ATLETICA FILOTTRANO ASD	10.	SM45	17:07	18:01	18:18	53:31	5:21	+18:01

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10k

Pl.	Psex	Pett.	Nome	Naz.	Team	P.Cat	Cat.	LAP1	LAP2	LAP3	Time	Media	Diff.
117.	110.	62	PAOLONI, PAOLO		AN049-ASD SPACE RUNNING	16.	SM55	16:40	18:04	18:43	53:34	5:21	+18:04
118.	111.	46	BARIGELLI, LUCA		AN049-ASD SPACE RUNNING	11.	SM45	16:55	18:00	18:38	53:41	5:22	+18:11
119.	8.	13	FRULLA, FRANCESCA		AN017-NUOVA PODISTICA LORETO	1.	SF55	16:51	18:09	18:47	53:53	5:23	+18:23
120.	9.	19	CONTI, MARIA CRISTINA		AN018-ATL.AMAT.OSIMO	2.	SF55	17:21	18:19	18:12	53:55	5:23	+18:25
121.	112.	114	PERSICHINI, GIAMPAOLO		MC008-S.E.F. MACERATA	18.	SM60	16:58	18:27	18:23	53:56	5:23	+18:26
122.	113.	150	SANTONICI, ALESSANDRO		MC037-G.P. AVIS CASTELRAIMONDO	17.	SM55	17:13	17:54	18:57	54:12	5:25	+18:42
123.	114.	175	PECCHIELAN, OSCHERINO		PU008-G.P. LUCREZIA	2.	SM70+	17:54	18:28	18:00	54:28	5:26	+18:58
124.	115.	26	CAPPONI, MARIANO		AN022-S.ATL. SENIGALLIA	3.	SM70+	18:02	18:30	17:55	54:30	5:27	+19:00
125.	116.	29	MARTINI, ANDREA		AN039-CRAL ANGELINI ASS.SPORT.DIL.	20.	SM50	18:06	18:22	18:03	54:43	5:28	+19:13
126.	117.	9	VERDENELLI, NAZZARENO		AN010-S.E.F. STAMURA ANCONA A.S.D.	4.	SM70+	17:29	18:35	18:47	54:57	5:29	+19:27
127.	118.	54	FRANCONI, SERGIO		AN049-ASD SPACE RUNNING	5.	SM70+	17:57	18:29	18:32	55:01	5:30	+19:31
128.	119.	147	FUSARI, LUCA		MC037-G.P. AVIS CASTELRAIMONDO	18.	SM55	17:50	18:31	18:55	55:24	5:32	+19:54
129.	120.	89	CAPORALETTI, ANGELO		FM018-A.POD. AVIS MOB. LATTANZI	13.	SM65	17:12	18:47	19:55	55:57	5:35	+20:27
130.	10.	3	SILENO, MIRIAM		AN001-ATLETICA OSIMO	1.	SF45	18:08	18:50	18:50	56:00	5:35	+20:29
131.	121.	80	AMORE, FRANCESCO		FM008-ATL. ELPIDIENSE AVIS AIDO	12.	SM45	16:45	19:35	19:53	56:17	5:37	+20:47
132.	122.	81	BRACALENTE, RENATO		FM008-ATL. ELPIDIENSE AVIS AIDO	6.	SM70+	17:19	18:54	20:01	56:20	5:38	+20:50
133.	123.	126	CAPPELLACCI, MATTEO		MC018-POL ACLI MACERATA	6.	SM35	17:54	18:58	19:29	56:30	5:39	+21:00
134.	124.	130	PELLEGRINI, GIORDANO		MC018-POL ACLI MACERATA	13.	SM45	17:53	19:02	19:26	56:31	5:39	+21:01
135.	125.	96	D'AMORE, ROBERTO		FM023-POD. MORETTI CORVA	14.	SM65	18:30	19:13	18:43	56:36	5:39	+21:05
136.	11.	36	MARCHETTI, GLORIA		AN045-ATLETICA FILOTTRANO ASD	2.	SF45	18:10	18:54	19:28	56:39	5:39	+21:09
137.	126.	97	RUSSI, ALESSANDRO		FM023-POD. MORETTI CORVA	14.	SM45	18:05	19:14	19:13	56:42	5:40	+21:12
138.	12.	44	AMICI, GABRIELLA		AN049-ASD SPACE RUNNING	3.	SF45	17:02	18:54	21:01	57:01	5:42	+21:31
139.	127.	58	LATINI, ROBERTO		AN049-ASD SPACE RUNNING	19.	SM60	17:52	18:34	20:27	57:01	5:42	+21:31
140.	128.	51	OLIVIERI, ERASMO		MC035-ASD. ATLETICA CINGOLI	10.	SM40	19:06	19:44	19:08	58:07	5:48	+22:37
141.	129.	141	DI MECO, DOMENICO		AN049-ASD SPACE RUNNING	15.	SM65	18:03	19:48	20:09	58:07	5:48	+22:37
142.	130.	186	VESPERINI, LUIGI		TE203-ASD I PODISTI DI NEMO	7.	SM70+	19:06	19:45	19:16	58:17	5:49	+22:47
143.	131.	142	PENNA, MIRKO		MC035-ASD. ATLETICA CINGOLI	15.	SM45	19:06	19:44	19:20	58:18	5:49	+22:48
144.	13.	116	ANGIOLILLO, FILOMENA		MC011-ATLETICA CIVITANOVA	1.	SF60	18:30	19:43	20:32	58:48	5:52	+23:18
145.	132.	63	SOLUSTRI, REMO		AN049-ASD SPACE RUNNING	16.	SM65	18:40	20:04	20:26	59:18	5:55	+23:48
146.	133.	15	GROTTINI, GIAMPAOLO		AN017-NUOVA PODISTICA LORETO	19.	SM55	18:04	19:48	21:41	59:40	5:58	+24:10
147.	134.	37	MENGARELLI, CARLO		AN045-ATLETICA FILOTTRANO ASD	7.	SM35	18:53	19:50	20:48	59:44	5:58	+24:14
148.	135.	88	OSSO, MARCELLO		FM011-A. ATL. PORTO S. ELPIDIO	20.	SM55	17:46	20:59	20:48	59:44	5:58	+24:14
149.	136.	125	CAPPELLACCI, GIANFRANCO		MC018-POL ACLI MACERATA	17.	SM65	19:41	20:04	20:01	59:55	5:59	+24:25
150.	137.	41	BARNES, DEREK IAN		AN048-A.S.D.PODISTICA AVIS FABRIANO	8.	SM70+	19:01	20:37	20:40	1:00:20	6:02	+24:50
151.	138.	55	GARA, STEFANO		AN049-ASD SPACE RUNNING	22.	SM55	19:26	20:15	21:03	1:00:57	6:05	+25:27
152.	139.	94	VESPRINI, ELIANO		FM018-A.POD. AVIS MOB. LATTANZI	21.	SM50	20:05	20:40	20:45	1:01:35	6:09	+26:05
153.	14.	162	GALBANI, ANNAMARIA		MI242-ALA ATL. ABBIATEGRASSO	1.	SF70+	20:26	20:43	21:07	1:02:20	6:13	+26:49
154.	140.	45	BALESTRA, VALERIANO		AN049-ASD SPACE RUNNING	9.	SM70+	20:19	21:11	21:01	1:02:36	6:15	+27:06
155.	141.	86	GNOCCHINI, PATRIZIO		FM011-A. ATL. PORTO S. ELPIDIO	20.	SM60	21:17	20:48	20:44	1:03:01	6:18	+27:31
156.	142.	91	ORIENTI, ENRICO		FM018-A.POD. AVIS MOB. LATTANZI	18.	SM65	20:04	20:40	22:15	1:03:05	6:18	+27:35
157.	143.	127	CAPPELLETTI, ELPIDIO		MC018-POL ACLI MACERATA	10.	SM70+	19:41	20:55	22:28	1:03:13	6:19	+27:43
158.	144.	124	ANGELETTI, CRISTIANO		MC018-POL ACLI MACERATA	16.	SM45	20:01	21:32	21:39	1:03:21	6:20	+27:51
159.	145.	173	LEONARDI, LORENZO		PU008-G.P. LUCREZIA	19.	SM65	20:30	21:40	21:14	1:03:30	6:21	+28:00
160.	146.	122	SALTARI, ILDEBRANDO		MC011-ATLETICA CIVITANOVA	20.	SM65	19:01	21:53	22:58	1:03:54	6:23	+28:24
161.	15.	53	FIORDELMONDO, TIZIANA		AN049-ASD SPACE RUNNING	1.	SF65	20:40	22:05	22:25	1:05:14	6:31	+29:43
162.	16.	68	DINI, BEATRICE		AR364-ASD SUBBIANO MARATHON	4.	SF45	20:29	22:11	22:27	1:05:15	6:31	+29:45
163.	17.	101	VESPRINI, PERLINA		FM054-ASD PODISTICA MONTEGRANARO	2.	SF65	20:41	22:06	22:26	1:05:20	6:32	+29:50
164.	147.	135	RAPAGNANI, ADRIANO		MC028-A.ATL. TRODICA	11.	SM70+	21:04	22:05	22:24	1:05:39	6:33	+30:09
165.	148.	87	ISIDORI, SANTE		FM011-A. ATL. PORTO S. ELPIDIO	21.	SM65	21:17	21:49	23:19	1:06:38	6:39	+31:08
166.	149.	146	CARNEVALI, CRISTIANO		MC037-G.P. AVIS CASTELRAIMONDO	23.	SM55	22:12	22:47	22:06	1:07:17	6:43	+31:46
167.	150.	23	RAPONI, GIUSEPPE		AN018-ATL.AMAT.OSIMO	12.	SM70+	22:06	22:32	23:02	1:07:48	6:46	+32:18
168.	18.	100	GRANATELLI, LUANA		FM054-ASD PODISTICA MONTEGRANARO	2.	SF60	20:40	22:31	24:43	1:08:01	6:48	+32:31
169.	151.	21	LABIANCA, MARIO LUIGI		AN018-ATL.AMAT.OSIMO	21.	SM60	22:30	22:38	23:08	1:08:21	6:50	+32:51
170.	19.	92	SERAFINI, ANNUNZIATA		FM018-A.POD. AVIS MOB. LATTANZI	2.	SF70+	20:40	22:54	25:00	1:08:42	6:52	+33:12
171.	152.	145	CAMONI, MASSIMO		MC037-G.P. AVIS CASTELRAIMONDO	24.	SM55	22:03	23:10	24:46	1:10:11	7:01	+34:41
172.	153.	134	PASQUINI, CANDIDO		MC025-ATL. POTENZA PICENA	13.	SM70+	22:27	23:19	24:27	1:10:26	7:02	+34:56
173.	154.	49	CARLETTI, COSTANTINO		AN049-ASD SPACE RUNNING	22.	SM65	22:00	23:40	24:41	1:10:29	7:02	+34:59
174.	155.	117	BALESTRIERI, LORI		MC011-ATLETICA CIVITANOVA	25.	SM55	22:49	24:28	25:54	1:13:22	7:20	+37:52
175.	20.	168	BELLI, MILENA		PG079-ATLETICA IL COLLE ASD	3.	SF60	22:43	25:48	27:18	1:16:00	7:36	+40:30

La FIDAL MARCHE indice e la Società ATLETICA CINGOLI organizza

GARA COMPETITIVA FIDAL DI Km 10,100

CORSA REGIONALE SU STRADA

Domenica 28 Luglio 2024 - Ore 9:00

18^A "MILLEPIEDI" Città di CINGOLI - 10K Race



10k

Pl.	Psex	Pett.	Nome	Naz.	Team	P.Cat	Cat.	LAP1	LAP2	LAP3	Time	Media	Diff.
176.	156.	59	MARI, FRANCO		AN049-ASD SPACE RUNNING	22.	SM60	22:55	27:07	26:21	1:16:34	7:39	+41:04
177.	157.	35	GIACOMINI, GIORDANO		AN045-ATLETICA FILOTTRANO ASD	11.	SM40	22:30	26:07	28:55	1:17:43	7:46	+42:12
178.	21.	99	DI CHIARA, ANNA		FM054-ASD PODISTICA MONTEGRANARO	3.	SF70+	25:50	25:35	27:32	1:19:07	7:54	+43:37
179.	22.	43	ALBERTI, LETIZIA		AN049-ASD SPACE RUNNING	4.	SF60	27:23	28:45	29:14	1:25:34	8:33	+50:04
a.k.	a.k.	176	ALBANESI, MARIA		S.E.F. STAMURA ANCONA A.S.D.	1.	F18-34	16:32	16:39	15:53	49:08	4:54	+13:38
a.k.	a.k.	190	MICHELI, ALESSANDRO		A.S.D. CRAZY SPORT	21.	SM55	17:47	20:31	21:33	59:57	5:59	+24:27
a.k.	a.k.	191	LEPRATTO, ANGELO		ATL. OVADESE ORMIG	19.	SM50	17:04	17:58	18:12	53:24	5:20	+17:54
DNF	DNF	79	LAZZARI, ENRICO		BO124-ATL. CASTENASO CELTIC DRUID		SM35	12:02					